

DIABETES CARE TOOL



KENTUCKY DIABETES NETWORK

A statewide partnership striving to improve the treatment and outcomes for Kentuckians with diabetes.

Patient Name: _____ DOB: _____

Height: _____ Smoker: Yes No (circle one) Pneumococcal Vaccine Date(s): _____

Type of Diabetes: 1 2 (circle one) Year of Diabetes Diagnosis: _____

This tool is based on the 2002 American Diabetes Association's "Standards of Medical Care for Patients with Diabetes Mellitus" and indicates minimum services to be provided in the continuing (initial visits have additional components) care of **adults** with diabetes. It is not intended to replace or preclude clinical judgement or more intensive management where medically indicated. Use it as a reminder for exams or important tests, to simplify record keeping and as a way to continually improve care to all patients with diabetes.

Enter result, checkmark, or date as you deem appropriate.

| DATE OF VISIT | | | | | | | |
|---------------|--|--|--|--|--|--|--|
| EVERY VISIT | Weight. | | | | | | |
| | B/P (Goal <130/80) | | | | | | |
| | A1C Hemoglobin A1c every 3–6 mo. (Goal <7%) | | | | | | |
| | Foot Exam: • Visual | | | | | | |
| ANNUAL | Foot Exam: • Sensation, foot structure/biomechanics, vascular, and skin integrity | | | | | | |
| | Fasting Lipid Profile: • Total Cholesterol (Goal < 200) | | | | | | |
| | • LDL (Goal < 100) | | | | | | |
| | • HDL (Goal Men > 45, Women > 55) | | | | | | |
| | • Triglycerides (Goal < 150) | | | | | | |
| | Microalbumin Unless Urine dipstick positive for protein | | | | | | |
| | Dilated Eye Exam/ Referral Date | | | | | | |
| | Flu Vaccine | | | | | | |
| COUNSELING | Oral Visualization | | | | | | |
| | Self-Management Education/ Referral Date | | | | | | |
| | Exercise /Physical Activity | | | | | | |
| | Medical Nutrition Therapy Referral | | | | | | |
| | Tobacco Cessation | | | | | | |
| OTHER | Preconception Counseling (women of childbearing age) | | | | | | |
| | Review Self-Monitoring Blood Glucose Log | | | | | | |
| | Assess Need for Aspirin Therapy | | | | | | |
| | | | | | | | |